

**MAISON DE  
L'ORIENTATION**

Deng Schoul. Däi Beruff. Deng Zukunft.

# Preparation Booklet

**Schoul!**  
**foire!**



## Secondary school

 Guidance Fairs & Events



## Summary

<b>DISCOVERING MY QUALITIES, INTERESTS, AND CRITERIA</b>	<b>3</b>
What are my qualities?	4
Mapping my hobbies	5
My professional experiences	7
What I like	8
What I don't like	9
My preferred professional fields	10
My criteria for a future profession	12
Linking a field and a criterion	13
Which diploma for my project?	14
My personal summary	15
<b>EXPLORING MY EDUCATIONAL AND PROFESSIONAL OPPORTUNITIES</b>	<b>16</b>
My current ideas	16
My research about schools and educational paths	17
My research about the job market	18
Interviews with professionnals	20
My ideal working conditions	21
<b>MY VISIT TO THE SCHOULFOIRE</b>	<b>24</b>
Organising my visit	25
My key questions during the Schoulfoire	26
Ready for the Schoulfoire?	28
My resources after the Schoulfoire	29

## DISCOVERING MY QUALITIES, INTERESTS, AND CRITERIA

The following activities can help you to reflect. They are divided into several steps, from identifying your qualities and interests to evaluating them and formulating questions.

Before choosing a training path, apprenticeship, internship, area of work or career, it's important to ensure that your choice truly suits you, and to make the most of your visit.

First, complete the exercises below on your own. These will help you to better understand what you want to do, what you enjoy, your values, and your strengths.

Then, ask a friend or someone close to you to complete the same exercises, so you can gain insight into how others perceive you and discover other options that might suit you.




*Remember, many people can support you in your choices.*


## What are my qualities?

 **Exercise:** Tick the qualities that best describe you.

Relational	Personal	Intellectual	Practical	Emotional
Sociable <input type="checkbox"/>	Creative <input type="checkbox"/>	Logical <input type="checkbox"/>	Resourceful <input type="checkbox"/>	Calm <input type="checkbox"/>
Empathetic <input type="checkbox"/>	Curious <input type="checkbox"/>	Analytical <input type="checkbox"/>	Hands-on <input type="checkbox"/>	Self-confident <input type="checkbox"/>
Cooperative <input type="checkbox"/>	Autonomous <input type="checkbox"/>	Methodical <input type="checkbox"/>	Precise <input type="checkbox"/>	Tolerant <input type="checkbox"/>
Good listener <input type="checkbox"/>	Persistent <input type="checkbox"/>	Quick-witted <input type="checkbox"/>	Efficient <input type="checkbox"/>	Responsible <input type="checkbox"/>
Persuasive <input type="checkbox"/>	Optimistic <input type="checkbox"/>	Critical <input type="checkbox"/>	Innovative <input type="checkbox"/>	Resilient <input type="checkbox"/>

 **Exercise:** Do you consider yourself more of a relational, intellectual, or practical person?

---

 **Exercise:** Write down 4 qualities you checked above. For each quality, write a job where it is useful.


(Example: Creative → Designer, Architect)

1. \_\_\_\_\_ → \_\_\_\_\_
2. \_\_\_\_\_ → \_\_\_\_\_
3. \_\_\_\_\_ → \_\_\_\_\_
4. \_\_\_\_\_ → \_\_\_\_\_




Need inspiration? Visit [maiberuff.lu](http://maiberuff.lu) to explore careers by field!


## Mapping my hobbies

 **Exercise:** Fill in this table with your own activities.

<b>Sports activities</b>	
<b>Creative activities</b>	
<b>Hands-on activities</b>	
<b>Other activities</b>	

 **Exercise:** Choose 2 activities you practice (art, hands-on, etc.) and complete the table.

<b>Activity</b>	<b>What I enjoy</b>	<b>What I learn and practice</b>	<b>Job where this skill is usefull</b>
<i>Example: DIY</i>	<i>Example: Seeing concrete results</i>	<i>Example: Precision, Problem-solving, ...</i>	<i>Example: Carpenter, IT technician, ...</i>

 **Exercise:** Answer the reflection questions.

1. Which activity brought you the most satisfaction this year? Why?

---

---

---

2. What skills from this activity could be useful in a job? Give an example.

---

---


---

3. Did you discover a new passion or skill through this activity?

---

---

---

 **Exercise:** Visit these two websites to discover activities that might interest you. Note an activity you would like to try.

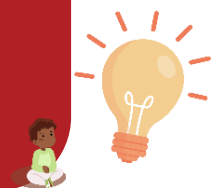
- [echwellechkann.lu](http://echwellechkann.lu)
- [move.snj.lu](http://move.snj.lu)

---


*What you enjoy doing in your free time is often what you are passionate about and good at.*

*Reflecting on this can help you to discover skills you already have without realising it. These skills will be very useful to you in the future, whether you are looking for a job or considering different educational pathways.*

*Even ordinary past experiences can show you what you truly enjoy and what you already know how to do.*



## My professional experiences

 **Exercise:** Tick 'Yes' if you have had these experiences before, then answer the questions:

I have already completed an internship.

Yes

Job/Company: \_\_\_\_\_

What I liked: \_\_\_\_\_

What I didn't like: \_\_\_\_\_

I have met professionals or visited companies that inspired me.

Yes

Job/Company: \_\_\_\_\_

What I liked: \_\_\_\_\_

What I didn't like: \_\_\_\_\_




*It's perfectly normal for your interests to change over time. The important thing is to experiment, explore and think about what you enjoy right now.*

*Expressing your desires helps you get to know yourself better and move forward, even if they evolve.*

*If you haven't had these experiences yet, simply make a note of a job or company that interests you and that you would like to explore one day.*

## What I like

 **Exercise:** Tick all the activities you enjoy from this list. You can tick as many as you want!

Play sports <input type="checkbox"/>	Cook or bake <input type="checkbox"/>	Travel and discover cultures <input type="checkbox"/>	Be in nature <input type="checkbox"/>	Repair or tinker <input type="checkbox"/>
Build or do handicraft <input type="checkbox"/>	Drive <input type="checkbox"/>	Work with tools or machines <input type="checkbox"/>	Conduct experiments <input type="checkbox"/>	Read or write <input type="checkbox"/>
Solve problems <input type="checkbox"/>	Draw, paint, or sculpt <input type="checkbox"/>	Make music <input type="checkbox"/>	Create multimedia content <input type="checkbox"/>	Volunteer <input type="checkbox"/>
Be in contact with people <input type="checkbox"/>	Save or help people <input type="checkbox"/>	Care for others <input type="checkbox"/>	Organise events or projects <input type="checkbox"/>	Discuss politics <input type="checkbox"/>
Commit to causes <input type="checkbox"/>	Work in sales <input type="checkbox"/>	Manage schedules or budgets <input type="checkbox"/>	Organise or archive information <input type="checkbox"/>	Manage unexpected situations <input type="checkbox"/>
 Others:	_____			

 **Exercise:** Which of the marked activities give you the most energy? Why?

---




---



---

## What I don't like

 **Exercise:** List three things that you really dislike doing and which could influence your choice of career or educational pathway.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### **Example:**

*"Sitting in front of a screen all day."*

*If you hate sitting all day, an office job might not be for you. Conversely, if you love moving around, an active job will make you happier!*




*Knowing what you like and don't like is essential to finding a career or educational pathway that suits you.*

*Your passions show you which fields you could thrive in.*

*What you don't like helps you avoid jobs or work environments that wouldn't suit you.*

## My preferred professional fields

 **Exercise:** Select 3-5 fields that interest you the most. (You can select more if you're unsure!)

<input type="checkbox"/> <b>Social</b> <i>(helping people, community work)</i>	<input type="checkbox"/> <b>Education</b> <i>(teacher, educator)</i>	<input type="checkbox"/> <b>Fashion</b> <i>(styling, textile)</i>
<input type="checkbox"/> <b>Agriculture</b> <i>(crops, livestock, nature)</i>	<input type="checkbox"/> <b>Environment</b> <i>(ecology, sustainable development)</i>	<input type="checkbox"/> <b>Health</b> <i>(doctor, nurse, physiotherapist)</i>
<input type="checkbox"/> <b>Food</b> <i>(cooking, catering, agri-food industry)</i>	<input type="checkbox"/> <b>Finance</b> <i>(banking, accounting)</i>	<input type="checkbox"/> <b>Research</b> <i>(laboratory, sciences)</i>
<input type="checkbox"/> <b>Architecture</b> <i>(construction, interior design)</i>	<input type="checkbox"/> <b>Hospitality/Catering</b> <i>(hotel, café, restaurant)</i>	<input type="checkbox"/> <b>Sciences</b> <i>(biology, chemistry, physics)</i>
<input type="checkbox"/> <b>Arts</b> <i>(music, theater, fine arts, design)</i>	<input type="checkbox"/> <b>Real estate</b> <i>(real estate agent, property management)</i>	<input type="checkbox"/> <b>Politics</b> <i>(institutions, international relations, public policy)</i>
<input type="checkbox"/> <b>Insurance</b> <i>(protection, risk management)</i>	<input type="checkbox"/> <b>Industry and Technology</b> <i>(factory, maintenance, robotics)</i>	<input type="checkbox"/> <b>Tourism</b> <i>(guide, travel agency)</i>
<input type="checkbox"/> <b>Aviation</b> <i>(pilot, aeronautical mechanics)</i>	<input type="checkbox"/> <b>IT</b> <i>(programming, cybersecurity, networks)</i>	<input type="checkbox"/> <b>Transport</b> <i>(driver, public transport)</i>
<input type="checkbox"/> <b>Administration</b> <i>(management, secretariat, public services)</i>	<input type="checkbox"/> <b>Engineering</b> <i>(civil, mechanical, electrical)</i>	<input type="checkbox"/> <b>Urban Planning</b> <i>(city planning)</i>
<input type="checkbox"/> <b>Construction</b> <i>(building, public works)</i>	<input type="checkbox"/> <b>Logistics</b> <i>(transport, stock management)</i>	<input type="checkbox"/> <b>Sales</b> <i>(retail, customer relations)</i>
<input type="checkbox"/> <b>Defense/Security</b> <i>(army, police, firefighters)</i>	<input type="checkbox"/> <b>Marketing/Communication</b> <i>(advertising, social media)</i>	<input type="checkbox"/> <b>Craftmanship</b> <i>(manual trades: baker, carpenter, etc.)</i>
<input type="checkbox"/> <b>Law</b> <i>(lawyer, judge, notary)</i>	<input type="checkbox"/> <b>Mechanics</b> <i>(repair, manufacturing)</i>	<input type="checkbox"/> <b>Human resources</b> <i>(recruitment, personnel management, training)</i>


<input type="checkbox"/> <b>Hygiene/Sanitation</b> <i>(cleaning, prevention, public health)</i>	<input type="checkbox"/> <b>Forestry</b> <i>(forest management, logging)</i>	<input type="checkbox"/> <b>Agronomy</b> <i>(crop science, sustainable agriculture)</i>
<input type="checkbox"/> <b>Economics/Management</b> <i>(management, accounting, entrepreneurship)</i>	<input type="checkbox"/> <b>Information/Documentation</b> <i>(libraries, archives, information management)</i>	<input type="checkbox"/> <b>Civil service</b> <i>(administration, public services, local authorities)</i>
<b>A professional field not listed here?</b>	<hr/>	

 **Exercise:** Which of these fields motivates you the most? Why?

---



---

 **Exercise:** For each field you selected in the previous exercise, draw a line to the thematic area that best matches it.

Mes domaines professionnels préférés :

Example: Arts







- Construction, planning and design
- Nature and the environment
- Tourism, gastronomy and hospitality
- Industry and mechanics
- Science, technology and IT
- Health and aesthetics
- Economy, finance and sales
- Art, culture and languages
- Teaching, education and society



Discover the careers behind these universes by exploring [maiberuff.lu](http://maiberuff.lu).

## My criteria for a future profession

Exercise: What is important to you in a future job? (Tick all that apply!)

<input type="checkbox"/> <b>Helping others</b> <i>(social, medical jobs)</i>	<input type="checkbox"/> <b>Working in a team</b> <i>(collaborative environment)</i>	<input type="checkbox"/> <b>Having varied work</b> <i>(no routine)</i>
<input type="checkbox"/> <b>Being creative</b> <i>(innovating, imagining)</i>	<input type="checkbox"/> <b>Taking responsibility</b> <i>(manager, project leader)</i>	<input type="checkbox"/> <b>Moving or traveling</b> <i>(active or itinerant job)</i>
<input type="checkbox"/> <b>Being autonomous</b> <i>(remote work, independence)</i>	<input type="checkbox"/> <b>Having a good work-life balance</b> <i>(flexible hours)</i>	<input type="checkbox"/> <b>Earning a good living</b> <i>(high salary)</i>
<input type="checkbox"/> <b>Working with my hands</b> <i>(manuel jobs)</i>	<input type="checkbox"/> <b>Managing or leading a team</b> <i>(management position)</i>	<input type="checkbox"/> <b>Being safe</b> <i>(few physical risks)</i>
<input type="checkbox"/> <b>Communicating with people</b> <i>(customer contact, animation)</i>	<input type="checkbox"/> <b>Paying attention to details</b> <i>(precision, rigor)</i>	<input type="checkbox"/> <b>Having a recognized job</b> <i>(prestige, status)</i>
<input type="checkbox"/> <b>Acting according to my values</b> <i>(ethics, spirituality, justice)</i>	<input type="checkbox"/> <b>Learning and improving</b> <i>(intellectual stimulation)</i>	<input type="checkbox"/> <b>Taking on challenges</b> <i>(ambition, excellence, competition)</i>
<input type="checkbox"/> <b>Having a stable job</b> <i>(job security)</i>	<input type="checkbox"/> <b>Feeling good at work</b> <i>(well-being, atmosphere)</i>	<input type="checkbox"/> <b>Protecting the environment</b> <i>(green jobs)</i>
<input type="checkbox"/> <b>Using technology</b> <i>(digital tools, AI)</i>	<b>An important criterion for you that isn't listed here?</b> _____	

 Exercise: Among your criteria, which is the most important to you? Why?

---




---



---

## Linking a field and a criterion

 **Exercise:** Link a field you like to an important criterion for you. Then, find a job that combines them! You can find your fields and criteria on pages 10-12.

***Example:***

***Field:*** Environment

***Criterion:*** Working with my hands

***Job:*** Renewable Energy Technician

***Why?*** "I can install solar panels and protect the planet while staying active!"

Field: \_\_\_\_\_

Criterion: \_\_\_\_\_

Job: \_\_\_\_\_

Why? \_\_\_\_\_

Field: \_\_\_\_\_

Criterion: \_\_\_\_\_


Job: \_\_\_\_\_

Why? \_\_\_\_\_



Need inspiration? The websites [mäiberuff.lu](http://mäiberuff.lu) and [mengstudien.lu](http://mengstudien.lu) can help you find jobs!

## Which diploma for my project?

 **Exercise:** What are the typical levels of education required for the careers you are interested in? (Check one or more boxes.)

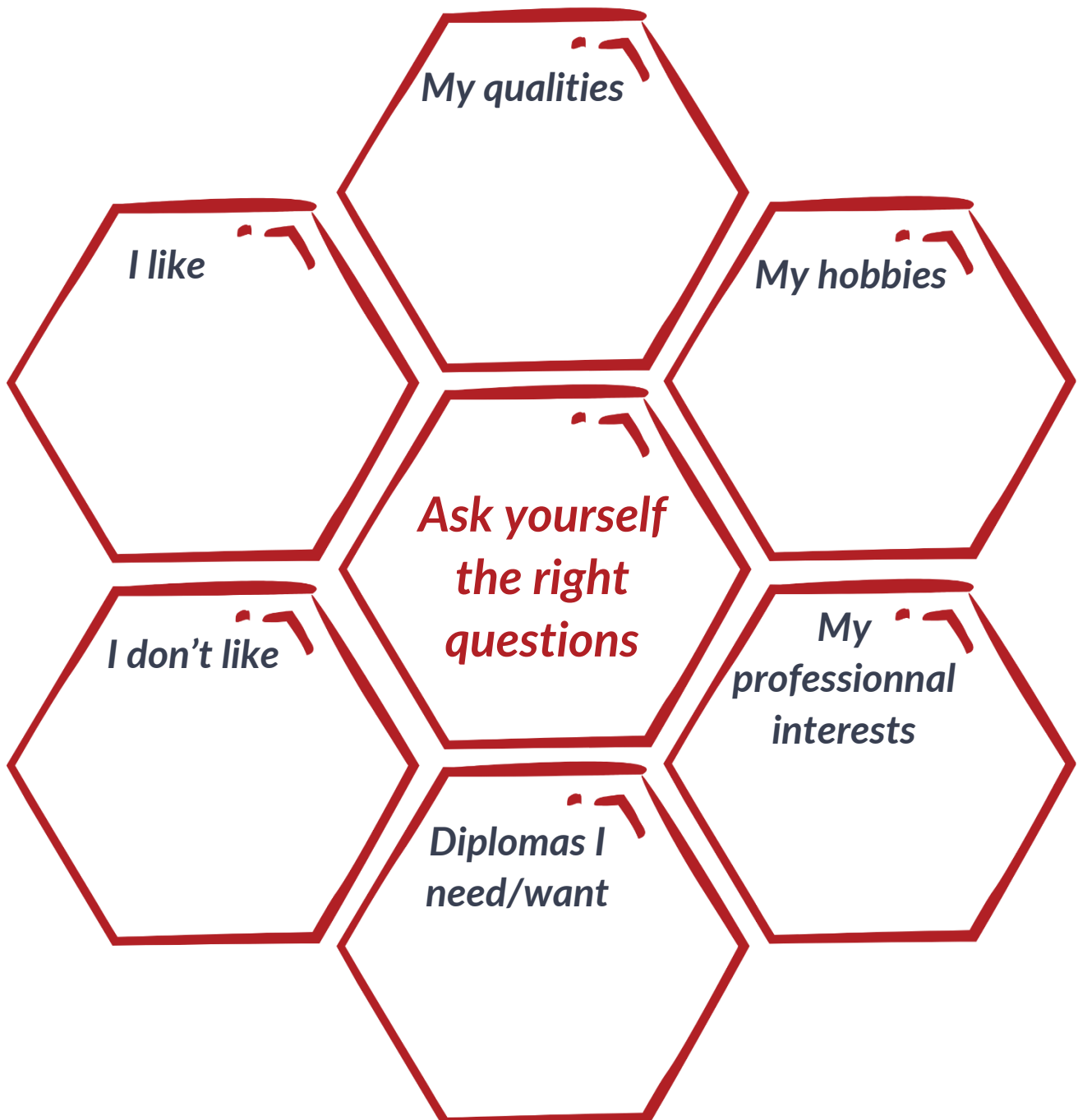
- Baccalaureate or high school diploma (or equivalent)
- CCP - Vocational Capacity Certificate (Certificat de capacité professionnelle)
- DAP - Vocational Aptitude Diploma (Diplôme d'aptitude professionnelle)
- DT - Technician's Diploma (Diplôme de technicien)
- Master Craftsmanship (Brevet de Maîtrise)
- BTS - Advanced technician's certificate (Brevet de technicien supérieur)
- Bachelor's degree
- Master's degree
- PhD - Doctorate
- Other training: \_\_\_\_\_



To explore educational options,  
visit [www.orientation.lu](http://www.orientation.lu).

## My personal summary


Take the key points from each exercise you've completed in this guide and add them here. This will give you an overview of your qualities, interests and preferences. It will help you ask yourself the right questions before making an important decision.



## EXPLORING MY EDUCATIONAL AND PROFESSIONAL OPPORTUNITIES








From your first year of high school onwards, exploring your interests helps you to build your path step by step.

### My current ideas

 **Exercise:** Use this table to note down your ideas. But don't put pressure on yourself, as these choices can still change over time!

<p><b>Professional fields that interest me</b></p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>
<p><b>Training programmes or sections that appeal to me</b></p>	<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>

## My research about schools and educational paths

 <a href="https://mentschoul.lu">mentschoul.lu</a>	All information about schools, their educational pathways, and sections.
 <a href="https://mäiberuff.lu">mäiberuff.lu</a>	Discover the different careers in Luxembourg.
 <a href="https://mengstudien.lu">mengstudien.lu</a>	Explore studies and careers linked to them.
 <a href="#">Que faire après la 5e</a>	Brochure on options and orientation after the 5 <sup>th</sup> year of general secondary education.
 <a href="#">Que faire après la 4e</a>	Brochure on options and orientation after the 4 <sup>th</sup> year of classical secondary education.
 <a href="#">Portes ouvertes</a>	Check the dates of open days at schools on the Maison de l'orientation website.
 <a href="#">Cellule d'orientation</a>	Find the Guidance and Integration Unit at your school.

## My research about the job market

### Why?









If you already have an educational path in mind, find out about future careers in Luxembourg.

This will help you:

- Ask professionals specific questions (e.g., "What skills are in demand in this sector?").
- Better understand job market trends (e.g. growing sectors, recruiting jobs).

### How?

The lists below will give you some sources of information to do your own research and draw conclusions.

Major trends in the job market show the big changes influencing all sectors and careers			
<p>Discover current trends and promising careers with <a href="#">Yves Dermagne</a> (FR).</p> 	<p>5 episodes under 15 min to explore the jobs of tomorrow: <a href="#">Un temps d'avance</a> (FR).</p> 	<p>Canadian video on structural transformations in the job market: <a href="#">Un monde du travail en mutation</a>.</p> 	<p>A clear and animated presentation of the <a href="#">révolution industrielle 4.0</a> (Switzerland, DE).</p> 
<p><a href="#">Webinar</a> on preparing for the world of work of tomorrow (Austria, DE).</p> 	<p>Discover the major changes in the job market: <a href="#">10 tendances qui transforment le travail aujourd'hui</a> (FR).</p> 	<p>An <a href="#">analysis</a> of future changes and skills to master (FR).</p> 	<p><a href="#">Jobsinsight.lu</a> is the ADEM tool for visualising job market trends.</p> 

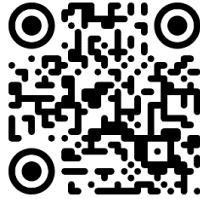
## Discovering careers and professions in Luxembourg

### Websites to explore all sectors and find your path

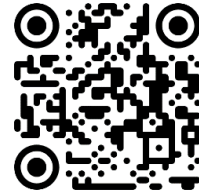
The [maiberuff.lu](https://maiberuff.lu) website includes information on career possibilities and relevant educational paths.



Discover the opportunities of vocational Training in Luxembourg on [shapeyourfuture.lu](https://shapeyourfuture.lu).



The [WinWin](https://winwin.lu) platform connects Training companies and apprentices in Luxembourg.



Discover industrial careers and their opportunities in Luxembourg on [Hellofuture.lu](https://hellofuture.lu).



The [mengstudien.lu](https://mengstudien.lu) website has information on careers requiring higher education in Luxembourg.



Discover craft professions and career prospects in this sector ([Perspektiv Handwerk](https://perspektivhandwerk.lu)).



## Apprenticeships & internships in Luxembourg

Information on apprenticeships on the [Maison de l'orientation](https://maisondeorientation.lu) website.



Information on mandatory and voluntary internships on the [Maison de l'orientation](https://maisondeorientation.lu) website.




Publication by the [Chambre des salariés](https://chambre-des-salaries.lu) on the rights and obligations of apprentices.



## Interviews with professionals

Real stories are the best lessons! Your family, friends, or their contacts can share concrete experiences about their jobs. These interviews will help you:

- Discover a variety of activities and companies.
- Understand the daily life of a job before choosing it.

 **Exercise:** Ask someone close to you (or a contact) to discuss their job with you. Use these questions to guide the conversation:

- What does your job involve on a daily basis?
- Do you have to travel for work? If so, how?
- What other jobs exist in your field?
- What does a typical day look like for you?
- Why did you choose this job?
- What do you like most about your work?
- What do you like least?
- What advice would you give to someone just starting out in your field?



*Take notes during the interview.*

---

---

---

---


---

---

---

---

## My ideal working conditions

 **Exercise:** Select the option that suits you best!

Criterion	Option 1	Option 2
Hours	<input type="checkbox"/> regular	<input type="checkbox"/> flexible
Social contact	<input type="checkbox"/> yes	<input type="checkbox"/> no
Type of work	<input type="checkbox"/> team	<input type="checkbox"/> individual
Travel	<input type="checkbox"/> yes	<input type="checkbox"/> no
Physical activity	<input type="checkbox"/> seated	<input type="checkbox"/> standing/physical
Dress code	<input type="checkbox"/> formal	<input type="checkbox"/> informal
Workplace	<input type="checkbox"/> office/indoors	<input type="checkbox"/> outdoors/field

 **Exercise:** Comparison with a job that interests me.

Chosen job: \_\_\_\_\_

Does my chosen job match my ideal working conditions?

Yes  No

If not, what compromises are acceptable to me?

**Examples:**


*Accepting occasional flexible hours*

*Working in a team occasionally*

*Adapting my dress code as needed*


Acceptable compromises: \_\_\_\_\_

## My future project

 **Exercise:** Explore your ideas and discover what truly suits you! You don't need to fill everything out, but the more you delve into it, the clearer your choices will become.

My project (training, studies, or careers): \_\_\_\_\_

Compatibility with my preferences			
Criterion	Yes	No	Why?
This project includes activities I enjoy.	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Example: creativity, problem-solving, etc.)</i>
This project avoids (or minimises) activities I dislike.	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Example: little routine, no solitary work, etc.)</i>
The conditions (hours, location, etc.) suit me.	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Example: flexible hours, etc.)</i>
I feel capable of meeting the challenges of this project.	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Example: accessible training, support, etc.)</i>
My current skills are useful for this project.	<input type="checkbox"/>	<input type="checkbox"/>	<i>(Example: my language/tech skills are helpful, etc.)</i>

 **Exercise:** Answer the questions below to clarify whether this project aligns with your expectations, strengths, and limitations. Use keywords or short phrases.

Activities I enjoy that are part of this project:

*(Examples: creating, traveling, analyzing, helping others, teamwork, innovating...)*

---

---

Activities I dislike but are part of the project:

*(Examples: paperwork, open-space work, rigid schedules, repetitive tasks...)*

---

---

Conditions I need to accept (or work around):

*(Examples: frequent travel → plan for a bike, irregular hours → reorganise my time...)*

---

---

How can I achieve my goal?

*(Examples: take a training course, develop a skill, find a mentor, do an internship...)*

---

---



*Repeat this exercise for each career and/or training programme that interests you. The more you compare, the clearer your choice will become!*

## MY VISIT TO THE SCHOULFOIRE

The Schoulfoire is much more than just a fair: it's your opportunity to:

- Engage directly with professionals in fields that interest you to get precise answers to your questions and personalised advice.
- Explore in detail careers, training programs, and internship or apprenticeship opportunities that might suit you.
- Gather key information and useful contacts to turn your future plans into reality and make informed choices.

By preparing thoroughly, you maximise your chances of leaving with concrete answers and solid leads for your next steps.

### My application documents

If you're looking for an employer for an apprenticeship, having a ready application file can make all the difference.

To help you prepare effectively, the Maison de l'orientation provides a publication called:  
**BOOST! CV, Cover Letter & Interview**

This guide is an excellent preparation tool both for the workshop and for your future job applications. It will help you to:

- ▣ write a clear and well-structured CV
- ▣ write a convincing cover letter
- ▣ prepare answers to common interview questions
- ▣ understand what recruiters expect
- ▣ adopt the right attitude on the day of the interview



## Organising my visit

### If you are looking for an apprenticeship:

- Identify the companies that match your aspirations.
- Locate their booths on the fair map.

### Prepare your questions for the exhibitors:

- What profiles are you looking for in an apprentice?
- What skills are essential to succeed in this job?
- Do you offer internships or visits to discover the job?
- What qualities do you appreciate in an apprentice?

Questions (information you want to get)	Exhibitors (school, company ...)	Answers and notes

*There's space for more questions and notes in the table on page 27!*

### **Dont' forget:**

- *Print several copies of your CV and cover letter.*
- *Prepare a pen and notebook to write down important information.*



## My key questions during the Schoulfoire

If you note down the questions you want to ask the exhibitors in advance, you can be sure that you will leave with clear answers and useful information for your projects. Here are some examples to inspire you and help you make the most of your conversations!

### My questions for schools:

- What classes do you offer?
- How many students do you accept?
- Where is your school located?
- What are the direct bus and train connections to your school?
- What are the class schedules?
- What extracurricular activities do you offer?
- What projects are planned at your school this year?
- Do you offer individual support or tutoring? In what areas?
- Are you giving a conference during the fair?
- When are your open house days?
- Do you have a catalogue or brochure to take away?
- Who can I contact for more information?

### Others:

---

---

---

*Several schools offer the same trainings/courses.  
Compare them based on your criteria:*

- *Transport (accessibility)*
- *Schedules (compatibility with your schedule)*
- *Programme (options, specialties)*
- *Reputation (atmosphere, results)*




**My questions for companies:**

- What are the main activities of your company?
- For which job profiles are you currently recruiting apprentices?
- What are the working hours?
- Is the workplace fixed or does it vary?
- Is the work done mainly in a team or individually?
- What materials and tools are used on a daily basis?
- What skills are required to join your company?
- What are the advantages and disadvantages of this profession?
- What opportunities for advancement exist in this field?
- What advice would you give for doing an internship/apprenticeship with you?
- Who can I contact for more details?

<b>Questions</b> (information you want to get)	<b>Exhibitors</b> (school, company ...)	<b>Answers and notes</b>

## Ready for the Schoulfoire?

Whether you are looking for training, an apprenticeship, or simply information, the Schoulfoire is the ideal place to advance your projects. Here is a checklist to help you prepare well.

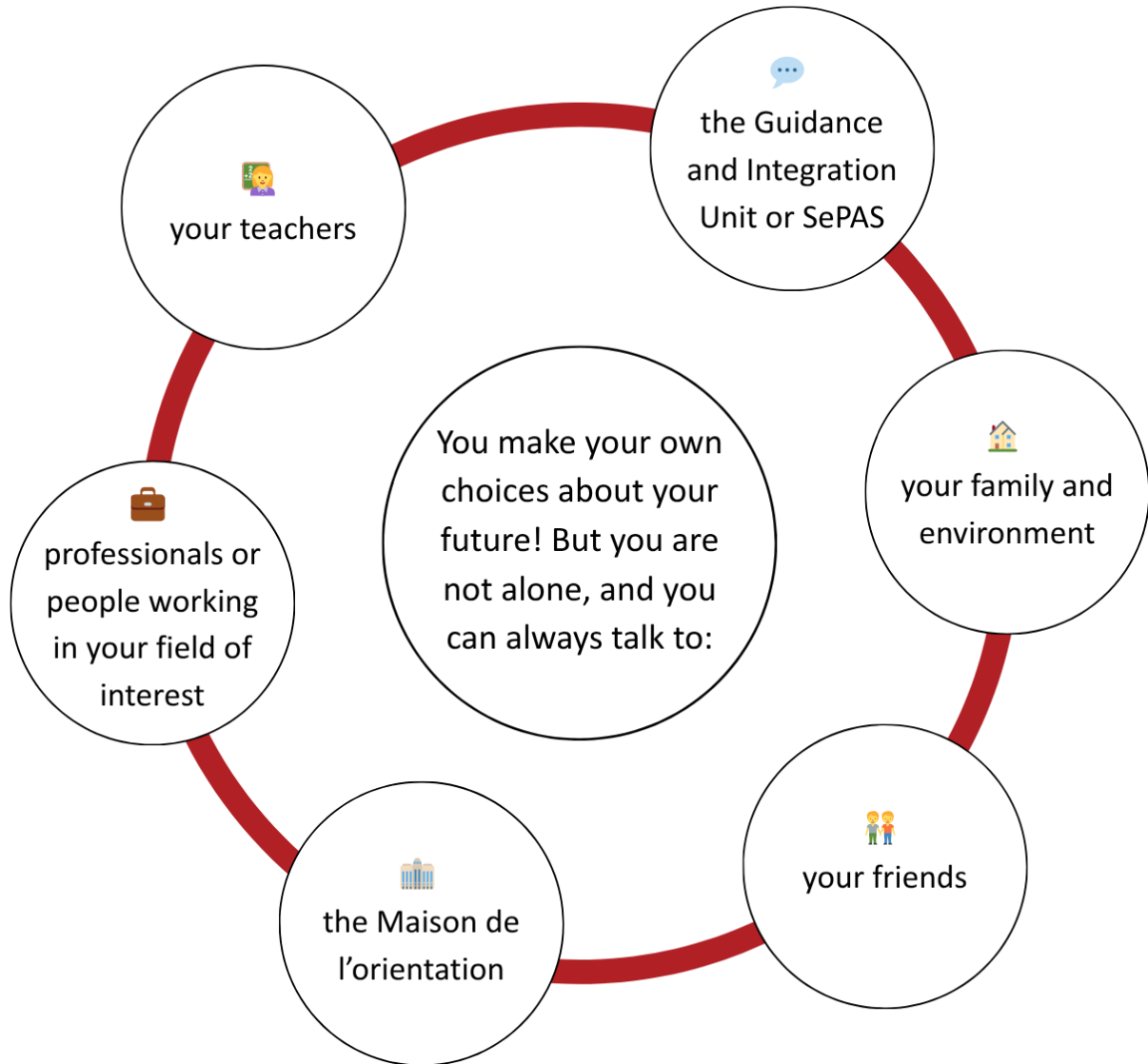
 **Exercise:** Tick off the steps you've already completed.



I have consulted the programme and map of the fair on <a href="https://www.schoulfoire.lu">schoulfoire.lu</a> .	<input type="checkbox"/>
I have found the booths (schools, companies, etc.) that interest me.	<input type="checkbox"/>
I have prepared a list of questions for the exhibitors.	<input type="checkbox"/>
I have a notebook and pen to write down important information.	<input type="checkbox"/>
I have informed myself about the courses and options offered by the schools.	<input type="checkbox"/>
I have noted the dates of the open days of the schools that interest me.	<input type="checkbox"/>
I have identified the conferences or workshops related to my interests.	<input type="checkbox"/>
I have written my CV and cover letter.	<input type="checkbox"/>
I have consulted the available apprenticeship offers.	<input type="checkbox"/>
I have made appointments with companies (if applicable).	<input type="checkbox"/>
I have brought copies of my CV and cover letter.	<input type="checkbox"/>
I have listed 3 jobs or sectors I want to explore.	<input type="checkbox"/>
I have found out about the access conditions for training/apprenticeships.	<input type="checkbox"/>
I have checked the registration deadlines for vocational training or other schools.	<input type="checkbox"/>
I have chosen an appropriate outfit for the visit.	<input type="checkbox"/>

## My resources after the Schoulfoire

Do you still have questions? Here's who to turn to!



[Cellule d'orientation](#)

Here, you can find the Guidance and Integration Unit at your school.





## Explore our information & resources

Find all the relevant information about the Maison de l'orientation on our [Linktree](#)! You can access our full range of resources and publications, as well as details of our activities, events, and offers.



29, rue Aldringen  
L-1118 Luxembourg



+352 8002 8181



info@m-o.lu



orientation.lu



LE GOUVERNEMENT  
DU GRAND-DUCHÉ DE LUXEMBOURG  
Ministère de l'Éducation nationale,  
de l'Enfance et de la Jeunesse



**MAISON DE  
L'ORIENTATION**

Deng Schoul. Däi Beruff. Deng Zukunft.