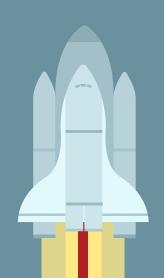




Deng Schoul. Däi Beruff. Deng Zukunft.

300ST3 WORK & TRAVEL





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INTRODUCTION

Work & Travel, also known as a working holiday, is a cultural exchange programme that allows young nationals from Luxembourg to discover New Zealand, Australia, Taiwan, Canada, Chile, South Korea and Japan.

This programme is developed by the Ministry of Foreign and European Affairs, Defence, Development Cooperation and Foreign Trade (MFA) through agreements with partner countries on working holiday visas.

The primary goal of the programme is to foster cultural immersion and strengthen international exchanges, turning travel into more than just a holiday—it becomes an opportunity for personal and cultural growth! A working holiday offers a valuable opportunity to explore new directions through experiencing life in another country.



By immersing yourself in new cultures, trying out different jobs and gaining hands-on experience, you'll not only get to know yourself better, but it will also help you find out what you want to do in the future. This journey will empower you to make more confident and informed decisions about your future.

WHY CONSIDER DOING A WORK & TRAVEL?

- **Expand your worldview:** You will experience a country, its customs and its people more than you ever could on a short holiday trip.
- **Step out of your comfort zone:** You will challenge yourself and the way you think, leading to personal growth and greater self-awareness.
- **Build your confidence:** You will navigate unfamiliar places and become more independent.
- Improve your language skills: You will interact with native speakers daily, helping you learn a language faster.
- Hands-on career guidance: Trying out different jobs and sectors will help you discover your passions and shape your career choices.

WHERE CAN I DO A WORK & TRAVEL?

As of 2025, Luxembourg citizens can apply for a working holiday visa in:



WHAT ARE THE BENEFITS OF A WORKING HOLIDAY VISA?

- **Extended stay:** Live, travel and work in a new environment for up to 12 months.
- Complete flexibility: You can enter and leave the country during the visa's validity (a special re-entry permit is required for Japan).
- **Cultural exploration:** Develop a deep cultural awareness and an openness to new ideas and perspectives!
- **Work opportunities:** Take on short-term employment during your stay (an 'open work permit' is required for Canada).
- **Gain experience:** Acquire new skills, whether practical, intellectual, social, cultural or artistic.

MUST-KNOW

• While this brochure gives a useful overview of the opportunities provided by a Work & Travel experience, we encourage you to do your own research on what a working holiday visa entails. We hope this brochure sparks your curiosity and inspires you to embark on this exciting adventure!

CONDITIONS

To apply for a working holiday visa in a partner country, you must:

- be between 18 and 30 years old (for Canada, Chile, South Korea and Taiwan, the age limit is extended to 35 years);
- hold a valid Luxembourgish passport;
- not be accompanied by dependents (e.g. children under your responsibility);
- have sufficient financial resources to support yourself at your destination and to buy a return ticket;
- have not already participated in this programme in the chosen destination (you can participate once per destination).

Before applying, please check the specific eligibility requirements for each partner country. You can find all eligibility criteria and application guidelines on the MFA's website.





BEFORE YOUR DEPARTURE

START YOUR VISA APPLICATION

Start your visa application at least a few months in advance — the earlier, the better! We recommend beginning your research 6 months to 1 year prior to your planned departure. Find all the necessary information about the application process on the MFA's website.



mae.gouvernement.lu

DECLARE YOUR STAY ABROAD

Luxembourg nationals are encouraged to declare their stay abroad, especially for long-term trips. This ensures that you receive the best possible consular assistance if needed. The process is quick and free of charge. Find all the information about declaring your stay on the LamA "Lëtzebuerger am Ausland" platform on guichet.public.lu.



"Lëtzebuerger am Ausland" on guichet.public.lu

CHECK VACCINATION REQUIREMENTS & HEALTH RECOMMENDATIONS

Check the specific vaccination requirements and health recommendations for your destination. Staying informed and prepared will help you avoid issues while abroad. Consult with your doctor or a travel clinic several months before your departure to ensure you're up to date on necessary vaccinations. For detailed health information while abroad, visit sante.public.lu.



sante.public.lu

ORGANISE YOUR WORK & TRAVEL

Living in another country for an extended period comes with its own set of preparations. To ensure a smooth transition and experience, make sure to follow the following steps:

- **Secure travel insurance:** Protect yourself with comprehensive travel insurance to ensure a safe and worry-free time abroad.
- Set up a local phone number: Stay connected with a local phone number. Research options in advance to find the best plan.
- Open a local bank account: Manage your finances by opening a bank account in the local currency. Consider online banks that operate locally.
- **Research public transportation:** Learn about the local public transportation options. Getting a transport card or knowing the best ways to get around makes your daily commute easier.

LEARN THE LOCAL LANGUAGE

Before your adventure, familiarise yourself with the local language of your destination. Knowing at least the basics will make your experience more enriching, helping you navigate daily interactions and integrate into the community.

In Luxembourg, the Institut national des langues Luxembourg (INLL) offers language courses. Additionally, you can find various language learning resources on the lifelong-learning portal.

- www.inll.lu
- www.lifelong-learning.lu

ASK YOURSELF SOME QUESTIONS

To get started with your Work & Travel planning, it's important to ask yourself some key questions. These will help you define your goals, preferences and needs, making your research more focused and effective.

QUESTIONS	IDEAS TO CONSIDER
Which country do I want to visit?	Start by choosing your destination. Consider factors such as the languages you speak or wish to learn, your budget, work opportunities, and the unique experiences each country offers.
When should I go?	A working holiday is ideal for transitional periods in your life, such as: • after high school and before starting higher education (Bachelor, BTS, etc.); • between completing a Bachelor's and starting a Master's degree; • after finishing your studies and prior to entering the job market; • or simply whenever you feel ready for a new adventure!
What are my goals?	Define what you want to get out of your working holiday. Whether it's gaining work experience, diving into cultural exchange, travelling, or all of the above.
How do I want to structure my trip?	Decide how you'll balance work and travel. Will you work first and then travel, or combine both throughout your stay? Consider whether you want to settle in one place, explore multiple regions, or even visit neighbouring countries.

QUESTIONS IDEAS TO CONSIDER Think about where you'd like to stay—whether it's in a What type of hostel, homestay, apartment or hotel. Your choice will accommodation affect your experience and budget, so choose what fits suits me? your style and comfort level the best. whether you want to work in a specific sector, develop What type of work certain skills or simply find a job that helps you fund interests me? your travels. destination. Understanding these can help you adapt, What cultural avoid misunderstandings and show respect for the norms should I know? local culture. Alongside the key questions we've provided to guide your planning and research, take a moment to reflect Add your own on any additional priorities or preferences that are questions here: important to you!

TIPS & TRICKS

Eurodesk Luxembourg has published *Time to Mind*, a guide on mental health when going abroad. It elaborates on the phenomenon of culture shock and offers practical tips for coping with change.



AUSTRALIA

The country of beautiful landscapes, vibrant cities like Sydney and Melbourne, never-ending beaches and the rugged Outback. With its many job opportunities and laid-back vibe, the "land down under" is a perfect destination to embark on a working holiday adventure!



- Climate: Varies from tropical in the north to temperate in the south, with seasons reversed compared to the Northern Hemisphere.
- Cost of living: Generally high. Major cities like Sydney and Melbourne have elevated costs, particularly for housing and dining out.
- ✓ Local transportation: Well-developed public transport including buses, trains, and ferries. Ride-sharing is also popular.
- Common Work & Travel opportunities: Hospitality (bar, café, restaurant), tourism (guide, hotel, hostel, camping), agriculture (fruit picking, vineyard work, farm work) and seasonal work (surf school).

DISCOVER MORE

Australia's tourism portal is a great resource for young working holiday visa holders. It offers a wide range of information, job boards, and many other useful resources: Australia.com/en/youth-travel



🙀 TIPS & TRICKS

If you plan to work in the hospitality sector where alcohol is served, you will need an RSA (Responsible Service of Alcohol) certificate. You can complete the online course <u>here</u>.



CANADA

The country is best known for its friendly people and breath-taking nature. You can find everything in Canada, from bustling cities like Toronto and Vancouver to the beautiful landscapes of the Rocky Mountains!



- **Climate:** Varies widely, with cold winters and warmer summers.
- Cost of living: Generally moderate to high. Major cities like Toronto and Vancouver can be more expensive, particularly for housing or dining out.
- **Local transportation:** Comprehensive public transit systems in cities. Long-distance travel by train or bus is common.
- Common Work & Travel opportunities: Hospitality (bar, café, restaurant), tourism (guide, hotel, hostel, camping), agriculture (farm work, fruit picking) and seasonal work (ski resort, national park).

DISCOVER MORE

The website <u>canada.ca</u> provides a comprehensive overview of all the topics you need to know about for your working holiday in Canada. It lists various opportunities and resources.



Tourism portal: <u>Travel.destinationcanada.com</u>

CHILE

Chile is a land of great contrasts, ranging from the Atacama Desert in the north (the world's driest desert) to the glaciers and beautiful nature of Patagonia in the south. No matter where you start your adventure, you will be surrounded by rich culture, vibrant cities and spectacular views!



- Climate: Varies widely, with desert in the north, temperate in the central regions, and cold in the south.
- **Cost of living:** Generally moderate. Santiago and other major cities have higher costs, but rural areas are more affordable.
- **Local transportation:** Efficient public transport in cities. Buses, metro, and taxis are commonly used. Long distance travel by bus is common.
- Common Work & Travel opportunities: Hospitality (bar, café, restaurant), tourism (guide, hotel, hostel, camping), English teaching (language and conversation schools), seasonal work (ski resorts, surf schools, hostels) and agriculture (farm work, vineyard work).

DISCOVER MORE

The following website provides an overview of key topics relevant to your working holiday in Chile. It not only lists a wide range of opportunities, but also many other useful resources, such as available job boards (in German): Workntravel.info

Tourism portal: Chile.tourism/en/

JAPAN

The country where ancient traditions meet modern technology. A working holiday in Japan will give you the opportunity to explore the country's rich cultural heritage, stunning landscapes, and dynamic cities like Tokyo and Kyoto to the fullest!



- Climate: Four distinct seasons, with hot summers and cold winters.
- Cost of living: Generally high. Major cities like Tokyo and Osaka are quite expensive, especially for housing or dining out.
- **Local transportation:** Extensive and efficient public transit including trains, subways and buses throughout the country.
- Common Work & Travel opportunities: Tourism (guide, hotel, hostel) English teaching (language and conversation schools, private tutoring), seasonal work (ski resorts) and agriculture (farm work).

DISCOVER MORE

The following websites provide an overview of key topics relevant to your working holiday in Japan. They list opportunities and additional resources: Work-and-travel-japan.de (in German) and Findawayabroad.com

Tourism portal: www.japan.travel/en/

NEW ZEALAND

New Zealand is renowned for its natural beauty, from the rolling hills of the North Island to the stunning fjords of the South Island. It's no surprise that the country is a haven for outdoor enthusiasts! With its welcoming people and laid-back vibe, it's an ideal destination to explore while on a working holiday.



- Climate: Mild, with warm summers and cool winters.
- Cost of living: Generally moderate to high. Costs are higher in major cities but more affordable in smaller towns and rural areas.
- Local transportation: Good public transport systems in cities. Car rentals are popular for exploring the countryside.
- Common Work & Travel opportunities: Hospitality (bar, café, restaurant), tourism (guide, hotel, hostel, camping), agriculture (farm work, fruit picking, vineyard work) and seasonal work (ski resorts, adventure tours).

DISCOVER MORE

New Zealand's tourism portal is a great resource for young working holiday visa holders. It offers information, job boards, and many other resources: Newzealand.com/int/working-holiday/



SOUTH KOREA

South Korea is a vibrant country that seamlessly combines modern innovation with deep-rooted traditions. The bustling streets of Seoul offer everything you could desire, while the tranquil temples and breath-taking landscapes across the country are waiting to be explored.



- Climate: Four distinct seasons, with hot summers and cold winters.
- **Cost of living:** Generally moderate to high. Major cities like Seoul are more expensive, especially for housing or eating out.
- **Local transportation:** Extensive public transport including subways, buses, and taxis.
- Common Work & Travel opportunities: English teaching (language and conversation schools, private tutoring), tourism (guide, hotel, hostel, camping) and agriculture (farm work, fruit picking).

DISCOVER MORE

South Korea provides an official website that serves as a comprehensive working holiday info centre. It offers valuable resources for working holiday visa holders, including job listings and other helpful tools to assist in your journey abroad: Which.mofa.go.kr/eng/



Tourism portal: English.visitkorea.or.kr

TAIWAN

Taiwan, an island with a rich cultural heritage, bustling night markets and stunning landscapes. Taiwan offers an exciting blend of modern cities, traditional temples and a captivating history.



- **Climate:** Tropical, with hot and humid summers and mild winters.
- **Cost of living:** Generally moderate. Taipei is expensive compared to other regions, but overall costs are reasonable.
- **Local transportation:** Efficient public transport including metro, buses, and trains.
- Common Work & Travel opportunities: English teaching (language and conversation schools, private tutoring), tourism (guide, hotel, hostel) and agriculture (farm work, fruit picking).

DISCOVER MORE

Taiwan has an official website that serves as an information platform for the working holiday programme. It provides essential resources for working holiday visa holders, including job opportunities and other helpful tools: www.youthtaiwan.net/WorkingHolidayen/



Tourism portal: eng.taiwan.net.tw

WORK OPPORTUNITIES

Gaining work experience before doing a working holiday can be very beneficial. Experience in different fields helps you adapt quickly to various roles, whether you're working in a café, teaching a language class, or assisting on a farm. For example, prior experience in a bar or restaurant can significantly improve your chances of securing similar work abroad, as many employers in the hospitality sector appreciate prior experience. Not only will this enhance your skills and strengthen your resume, but it can also help you save money for your upcoming adventure.

The following list provides an overview of common work fields and sectors that working holiday visa holders can explore. Additionally, we've included helpful tips on how to find opportunities in each of these areas.



TOURISM & HOSPITALITY

The tourism and hospitality sector offers a wide range of job opportunities, making it a popular choice for working holiday visa holders.

- **Benefits:** Working in tourism and hospitality helps you develop valuable skills such as customer service, communication and teamwork, which are beneficial for various career paths. Additionally, it allows you to engage with people from diverse backgrounds, enhancing your cultural awareness adaptability.
- Options: Seasonal changes affect the types of jobs available. In winter, ski resorts often seek additional staff for roles both on and off the ski slopes. During the warmer seasons, beach bars, surf schools, hostels and seaside restaurants typically need extra help. Hotels and campgrounds also often require additional staff for housekeeping, front desk service or event coordination. Hostels frequently offer part-time work that may include accommodation. If you have specific skills or are willing to learn, you can even explore roles as a tour guide, adventure tour provider or at local visitor information centres.

TIPS & TRICKS

Flexibility is key in this sector. Adapt your job search to the local climate and tourism peaks. Networking with other travellers and locals, checking job boards and visiting businesses in person can increase your chances of finding the right opportunity.

AGRICULTURE

Working in the agricultural sector is particularly popular among working holiday visa holders. These jobs are often seasonal, providing an opportunity to work outdoors and experience rural life in your host country.

- Benefits: Agricultural work fosters a strong work ethic, physical stamina and a deeper appreciation for the farming industry. It also provides insight into various agricultural practices, which can be beneficial if you're contemplating a career in environmental or agricultural sectors.
- Options: Common agricultural jobs include fruit picking, vineyard harvesting and general farm work, such as planting and animal care. Some farms and vineyards offer accommodation and meals as part of the job package, making it a budget-friendly option for travellers. Opportunities can vary by season, so you might find different types of work available throughout the year.

TIPS & TRICKS

Connect with other travellers and locals, visit local farms in person and use hostels to find opportunities. Some regions have dedicated websites or job fairs for seasonal farm work, so keep an eye out for these resources.

LANGUAGE TEACHING

In countries where English is not the primary language, working holiday visa holders often have the opportunity to teach English. Additionally, fluency in other languages, such as French, Spanish or German, can lead to teaching roles, especially in multicultural cities.

- Benefits: Teaching provides valuable skills such as communication, leadership and cultural exchange. Helping others improve their language skills can be a highly rewarding experience. A teaching role also boosts your resume if you are considering a career in education or linguistics.
- Options: You can find work in language schools, conversational classes, local language cafés or through private tutoring. Obtaining a TEFL (Teaching English as a Foreign Language) certification can significantly enhance your job prospects. Additionally, you may also discover opportunities to teach other languages that you are fluent in.

TIPS & TRICKS

Networking with other travellers, connecting with language schools and checking local job boards can help you discover opportunities. Online platforms and teaching agencies can also connect you with schools looking for language teachers.

AU PAIR OPPORTUNITIES

If you enjoy working with children or have babysitting experience, becoming an au pair can be a great way to experience life in a new country. This role involves living with a host family and taking care of their children, allowing you to immerse yourself in the local culture and language.



- Benefits: Being an au pair provides hands-on experience in childcare and household management. It also offers the opportunity to build a strong relationship with a host family, thus enhancing your cultural understanding and language skills. This experience is particularly beneficial if you are considering a career in education, childcare or social services.
- Options: Typically, an au pair is responsible for childcare and everyday household tasks in exchange for accommodation, meals and a stipend. Various websites can help you find au pair placements abroad. Here are two popular options:
 - Aupair.com
 Aupairworld.com

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TIPS & TRICKS

Placement agencies, including those in Luxembourg, can help you find a host family at your destination. These agencies match you with families based on your preferences and skills. We encourage you to conduct your own research on various platforms to explore your options and agencies.

OTHER WORK OPPORTUNITIES

While tourism, hospitality, agriculture, language teaching and au pairing are popular options for Work & Travel, they are just a few examples of many available. Depending on your background and experience, you may find additional opportunities that align with vour skills and interests:

- Professional roles: With a background in fields such as IT, marketing or finance, you might find professional job opportunities that match your expertise.
- 7 Freelancing and remote work: If you have skills in writing, graphic design, programming, digital marketing, freelancing or remote work can be a great way to earn income while travelling.

TIPS & TRICKS

Keep your resume and LinkedIn profile up to date and include a link to your LinkedIn profile on your resume for easy reference during your job search abroad. LinkedIn is a valuable resource for discovering job opportunities in your destination country, enabling you to connect with potential employers and explore job listings.

VOLUNTEERING OPPORTUNITIES

Volunteering during your working holiday is an excellent way to immerse yourself in local cultures, contribute to local communities, and gain unique experiences beyond typical tourism. Many volunteering opportunities provide accommodation and meals in exchange for your help, making it a budget-friendly and enriching option.

Various platforms connect travellers with hosts and organisations worldwide, providing a variety of volunteering experiences such as organic farming, teaching, homestays and community work. While many opportunities include accommodation and food in exchange for work, some platforms may also list paid positions. Typically, volunteering platforms require a yearly membership fee to access their host contacts. It's a good idea to review the offerings and feedback on these platforms before signing up.

WWOOF (WORLD WIDE OPPORTUNITIES ON ORGANIC FARMS)

WWOOF connects volunteers with organic farms around the world, providing an opportunity to learn about sustainable farming practices and work in more rural areas. Volunteers typically work 4-6 hours a day in exchange for food and accommodation. This platform is ideal for those interested in outdoor work and living with a host family or community. You can find more information on their global website, which also provides links to the national WWOOF organisations in your destination country:

7 Wwoof.net

OTHER VOLUNTEERING PLATFORMS

Several other volunteering platforms offer a wider variety of experiences, including farm stays, teaching, hostel work and community projects through organisations or private individuals. Be sure to check the details of each platform, their specific listings and reviews to find the best match for your interests and needs.

- Worldpackers.com
- Morkaway.info
- 7 HelpX.net

Volunteering can help you develop valuable skills, create lasting memories and build connections with people around the world.

ACCOMMODATION OPPORTUNITIES

Whether you're looking for a short-term or long-term stay, there are various housing options available to fit different needs and budgets. Here are some options to help you navigate your accommodation options:

Hostels: Ideal for those starting their adventure, hostels offer budget-friendly accommodation, a social atmosphere and amenities, such as communal kitchens and organised activities. They are a great way to meet fellow travellers and get settled into a new location. Many hostels also offer the possibility of working in exchange for free or discounted accommodation. Websites like Hostels all over the world.com can help you find hostels all over the world.

- Rentals: For longer stays, various platforms can assist you in finding apartments, shared rooms or houses. Popular platforms include HousingAnywhere.com and Airbnb.com, which also offer monthly rental options. We encourage you to research platforms and opportunities specific to your destination country.
- Homestays: Staying with a local family offers a rich cultural experience and often includes meals and other amenities. Websites like Homestay.com can help you find these opportunities.
- Co-Living Spaces: Designed for longer stays, co-living spaces offer a mix of private and shared living areas, while also including communal events and networking opportunities. We encourage you to do your own research on platforms and opportunities specific to your destination country.

TIPS & TRICKS

Book your first accommodation in your host country before you leave home! Hostels are perfect for making first connections, meeting fellow travellers and even discovering job or volunteering opportunities on hostel noticeboards or through new connections. Once you're all settled, you can plan the upcoming months!

MIX & MATCH

A working holiday is all about flexibility and exploring. You don't have to stick to a fixed plan or a single type of accommodation. For instance, you might start by staying in a hostel to meet fellow travellers, then transition to a homestay for a deeper cultural experience. From there, you can choose to move into a long-term rental or explore other living arrangements.

Mix up your work experience as well! You might start with a café job to earn some initial funds, then switch to volunteering through WWOOF for a rural adventure, before switching to language teaching. The key is to stay open-minded and flexible! This approach lets you combine travel, work and volunteering, creating a personalised adventure just for you.

You don't need to plan your entire working holiday from start to finish. Opportunities often emerge once you're there. A working holiday is not only about work and travel; it is also about exploration and personal growth.

TIPS & TRICKS

Read blog posts from other travellers for inspiration and practical advice. Learn from their experiences to discover where they worked, how they found accommodations and what unexpected opportunities they encountered along the way!

AFTER YOUR ADVENTURE

Just because your working holiday has come to an end doesn't mean the adventure is over. You've acquired new skills, created unforgettable memories and gained a fresh perspective on the world.

Here's what you can do next:

- Use your new skills: From adaptability, communication or problem-solving, you've learned so much. Don't forget to highlight these experiences on your resume as well.
- Share your stories: Catch up with friends and family and tell them all about your journey. Sharing your experiences allows you to reflect on everything you've learned, which might even inspire someone else to take the leap!
- Reach out to us: We'd love to hear from you! If you'd like to share your story, please reach out and provide us with a testimonial. Your experiences can help future travellers prepare for their own adventures.

info@m-o.lu

WORK & TRAVEL CHECKLIST

CHOOSE YOUR DESTINATION



VOLUNTEERING

	VOCONTEERINO	
	Research various volunteering platforms and their opportunities.	
HEALTH & SAFETY		
	Ensure you have health insurance that covers you in your destination (e.g. travel insurance).	
	Check any required vaccinations or health precautions for your destination.	
	Familiarise yourself with emergency numbers and local safety guidelines.	
ADMINISTRATIVE PREPARATION		
	Research banking options, including local accounts, online banks and credit cards.	
	Look into options for obtaining a local phone plan.	
	Learn about local transportation options and how to navigate them.	
	CULTURAL PREPARATION	
	If possible, learn at least the basics of the local language.	
	Research local customs and cultural norms.	
	Read blog posts and travel stories to gain insights from other travellers.	

CURIOUS TO LEARN MORE?

Check out our Linktree and discover more **Boost!** publications filled with exciting opportunities for young people!





Help us out with a little feedback by scanning this QR code or clicking <u>here!</u>





Impressum

Date: 01/2025

ISBN: 978-2-49673-352-5



